SYLLABUS FOR

FOUR YEAR UNDERGRADUATE PROGRAM (NEP-2020)

Program: Bachelor in Science (2024 -28)

DISCIPLINE – PSYCHOLOGY

Session – 2025-26



DEPARTMENT OF PSYCHOLOGY

GOVT. DIGVIJAY AUTONOMOUS P.G. COLLEGE, RAJNANDGAON (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (NEP-2020)

Program: Bachelor in Science (2024 -28) DISCIPLINE – PSYCHOLOGY

Session – 2025 -26

DISC	Session – CIPLINE ELECTIVEC COURSE		
		DISC	CIPLINE ELECTIVEC COURSE
CODE	(DSC)- 01 TO 08		(DSE)- 01 TO 12
PSSC-01T	TITLE	CODE	TITLE
PSSC-01P	Introduction To Psychology	PSSE -01T	Applied Cognitive Psychology
PSSC-02T	Lab. Course -1 (Experiment and Activity)	PSSE -01P	Lab. Course -1(Experiment and Activity)
PSSC-02P	Psychopathology Lab Course 2 (Production 1997)	PSSE -02T	Positive Psychology
PSSC-03T	Lab. Course -2 (Psychological Testing) Foundation of Social Psychology	PSSE -02P	Lab. Course -2(Psychological Testing)
PSSC-03P	Lab. Course -3t(Experiment and Activity)	PSSE -03T PSSE -03P	Sports And Exercise Psychology Lab. Course -3 (Activity)
PSSC-04T	Psychological Assessment	PSSE -04T	Psychology of Health And Yoga
PSSC-04P	Lab. Course -4 (Psychological Testing)	PSSE -04P	Lab. Course -4 (Activity)
PSSC-05T	Quantitative Data Analysis	PSSE -05T	Educational Psychology
PSSC-05P	Lab. Course -5 (Activity)	PSSE -05P	Lab. Course -5 (Activity)
PSSC-06T	Personality Psychology	PSSE -06T	Community Psychology
PSSC-06P	Lab. Course -6 (Activity)	PSSE -06P	Lab. Course -6 (Activity)
PSSC-07T	Human Development	PSSE -07T	Fundamentals of Clinical Psychology- I
PSSC-07P	Lab. Course -7 (Activity)	PSSE -07P	Lab. Course -7 (Activity)
PSSC-08T	Fundamentals Of Counseling	PSSE -08T	Human Resource Management
PSSC-08P	Lab. Course -8 (Activity)	PSSE -08P	Lab. Course -8 (Activity)
		PSSE -09T	Forensic Psychology
		PSSE -09P	Lab. Course -9 (Activity)
		PSSE -10T	Environmental Psychology
		PSSE -10P	Lab. Course -10 (Activity)
		PSSE -11T	Fundamentals Of Clinical Psychology- II
		PSSE -11P	Lab. Course -11 (Activity)
		PSSE -12T	Organizational Psychology
	04.0.00	PSSE -12P	Lab. Course -12 (Activity)
	- 01&02	. #	VAC
PSGE- 01T	Introduction To Psychology	PSVAC-01	Stress Management
PSGE- 01P			SEC
PSGE- 02T	Psychopathology	PSSEC-01	Statistical Package for Science & Social Science (Excel, SPSS)
PSGE- 02P			
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HUUK YEAK UNDEKGKADUATE PKUGKAM (2024 – 2028) Department of PSYCHOLOGY

7	-				Unit		7	0	ch		4	1	> -		P.
		П		_		To	Total	Cred	Oute	rre-r	Cour	Cour	Cour	Diplo	PART-A
Group Processes and Collective Behavior: 4.1 Group: Nature and group formate: Social 4.2 Group and performance: Social and social conformity	3.1 Social co 3.2 Pro-so 3.3 Aggre	Social Cogniti 2.1 Percei Impre 2.2 Attit	1.1 Defir 1.2 Meth Discu 1.3 Appli	Introduction	Topi	tal No. of Teach	Total Marks	Credit Value	Course Learning. Outcomes(CLO)	rre-requisite(if, any)	Course Type	Course Title	Course Code	(Diploma/Degree/Honors)	
Processes and Collective Behavior: 4.1 Group: Nature and group formation 4.2 Group and performance: Social faci and social conformity	3.1 Social affects (concepts of guilt compassion) 3.2 Pro-social behavior 3.3 Aggression and social violence	Social Cognition and Attitudes 2.1 Perceiving self and oth Impression formation, 2.2 Attitudes: Nature and	Definition and nature of soc Methods of social psycholo Discussion Applications of social psycl Influence of social media		Topics(Course contents)	of Teaching-learning F	Max.Marks:100	03 Credit C	After the com > Underst familia > Underst issues > Develop > Underst > Process	As per program	Discipline	Foundati	PSSC-03T	Social Sciences	Introduction
cesses and Collective Behavior: Group: Nature and group formation Group and performance: Social facilitation, Social loafing and social conformity	3.1Social affects (concepts of guilt, shame, envy, gratitude, compassion) 3.2 Pro-social behavior 3.3 Aggression and social violence	ial Cognition and Attitudes 2.1 Perceiving self and others: Self-concept and self-esteem. Impression formation, Impression Management. 2.2 Attitudes: Nature and measurement, attitude change	Definition and nature of social psychology Methods of social psychology: Sociometry and Focus Group Discussion Applications of social psychology: Intergroup conflicts & Influence of social media		ents)	Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)	100	Credit = 15 Hours - learning & Observation	After the completion of course, the students will have ability to: > Understanding the basic social psychological concepts and familiarize with relevant methods. > Understanding the applications of social psychology to social issues like gender, environment, health, intergroup conflicts, etc. > Developing skills pertaining to mapping of social reality and > Understanding how people evaluate social situations. > Familiarizing with the concepts of social affect and affective > Processes including people's harming and helping behaviors.	ogram	Discipline Specific Course (DSC)	Foundation of Social Psychology	T	Semester-III	tion CORRECTION
Social loafin	y, gratitude,	elf-esteem, nt. change	nd Focus Gr p conflicts &			iod) - 45 Per	Min P	ning & Obs	tudents will todens will psych tods. ns of socia ns, health, in mapping of luate social a sof social a arming and			Y			
ďα	forgiveness &		dno			riods (45 Hours	Min Passing Marks:40	ervation	have ability to: blogical concept to the psychology to the psychology to the social reality and situations. Social affection and affect the physical and affect the physical behavious the physical concept to the physical c					Session:2025-2026	
11	=	11		12	No. of Period		0		ots and or social cts, etc.					2026	

4.3 Leadership: Qualities of Leaders and types of Leadership:

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Keywords Social psychology, Sociometry, Focus group discussion, Pro social behavior, Aggression Social violence, Group process, Collective behavior Demociane, Autociane and Laissez-rane.

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EDUDGE DOUDL BILL 15/15/159 BILL 14/15/159 FR. HEAD HEAD T. MENT OF AN T. MENT OF AN T. MENT OF AN T. SCIENTIFIE

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

- 2. Branscombe, N.R. & Baron, R. A., (2017) Social Psychology (14th Ed.) New Delhi, India 1. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India
- 3. Singh, A.K. (2021) Samaj Manovigyan ki Ruprekha (12th Ed.) Motilal Banarsidas INT. Delhi.
- 4. Suleman, Md. (2014) Ucchattar Samaj Manovigyan Motilal Banarsidas INT. Delhi
- 5. Tripathi, L.B. (2016) Ahunik Samaj Manovigyan (4th Ed.) Pawan Printers, Agra-

Reference Books Recommended

- 1. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.
- 2. Husain, A. (2012). Social psychology. New Delhi, India: Pearson
- 3. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill. 4. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi
- India: Pearson

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Online Resources-

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Online Resources-

e-Resources/e-books and e-learning portals

- https://egyankosh.ac.in/handle/123456789/4448
- https://epgp.inflibnet.ac.in/Home
- https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation Suggested Continuous Evaluation Methods:

Continuous Internal Assessment (CIA): (By Course Teacher)

Continuous Internal Assessment (CIA): End Semester Exam (ESE): Maximum Marks: 100 Marks 30 Marks 70 Marks

Assignment / Seminar -Internal Test / Quiz-(2): 20 +20 Total Marks -30 10 Better marks out of the two Test / Quiz obtained marks in Assignment considered against 30 Marks

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End Semester Exam (ESE): Two section - A & B

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Section A: (I) Objective Type Questions

Section B: Long Answer Type Questions One From Each Unit With Internal option (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks 4x10=40 Marks 10x1=10 Marks

Total Marks=70

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POUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028) DEPARTMENT OF PSYCHOLOGY

	PART-A: Introduce Program: Bachelor in Social (Diploma/Degree/Honors) Course Code Course Title Course Type Pre-requisite(if, any) Course Learning. Afte		-	6 Credit Value 7 Total Marks	PART-B:	Total	Experiment	-	2	3	_	1	Activity (ANY ONE) 1. To st stand Behar "faint
	Introduction in Social Sciences Honors PSSC Lab C Labora ny) After the con After the con After the con After the con	After the con App App App	01 Credit	01 Credit Max.Marks	Content of the Course	1g-Training/H	Topics(Course contents)		f Order of Info	Effect of Order of Info Social Facilitation	Order of Info acilitation f Leadership c	Order of Info acilitation f Leadership of f Group on De	Order of Infacilitation acilitation f Leadership o f Group on De f Group on De y Bystander outside the ral response ral response
oduction odial Sciences nors) PSSC Lab C Lab C Labora As per J After the con > App > Dew 01 Credit Max.Marks f the Course ng-Training/F	Semester-III 2-03P Course -3 (Experiment and Act tory Course program program cept clarification cept clarification skill development	mpletion of course, the stud cept clarification licability skill development	elopment of analytical think			Performance Periods: 30 Pe	tents)	· · · · · · · · · · · · · · · · · · ·	Effect of Order of Information on Person-Perception	ormation on Person-Perceptic	Effect of Order of Information on Person-Perceptic Social Facilitation Effect of Leadership on Performance	ormation on Person-Perceptic in Performance ocision Making	Effect of Order of Information on Person-Perceptic Social Facilitation Effect of Leadership on Performance Effect of Group on Decision Making ONE) To study Bystander Effect: Using actor and costanding outside the canteen/ garden of college Behavioral response as well as the time taken b "fainting" actor is recorded and analyzed.
COURSE CU Sciences PSSC-03P Lab Course -3 (E Laboratory Course As per program r the completion of Concept clarifit Applicability sk Development of redit x.Marks:50 Course Course	Session:2024-2026 iivity) ients will have ability of:	ents will have ability of:	ang	(Credit= 30Hrs for Practices/Field work) Min Passing Marks:20		eriods (30 Hours)		Period					federates to see how chirespond to the actor fair children in responding t

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Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Shrivastav, D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications, Sanjay Nagar, Agra

Woodworth, R.S. & Schlosberg, H Experimental Psychology (1954) Oxford & IBH Publishing

Online Resources-

company Pvt. Ltd., New Delhi

e-Resources/e-books and e-learning portals

> Swayam Central

https://swayam.gov.in > youtube

Online Resources-

e-Resources/e-books and e-learning portals

https://egyankosh.ac.in/handle/123456789/4448

https://epgp.inflibnet.ac.in/Home

https://ndl.iitkgp.ac.in/homestudy/humanities

Suggested Continuous Evaluation Methods: Part-D: Assessment and Evaluation

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Continuous Internal Assessment (CIA): End Semester Exam (ESE): Maximum Marks:

50 Marks 15 Marks 35 Marks

Assignment/Seminar + Attendance - 05 Attendance & File submission + Internal Test / Quiz-(2): Total Marks-10 & 10 Better marks of the Test / Quiz &

Assessment (CIA) Continuous Internal Internal Assessment:

End Semester Exam (ESE): Laboratory / Field Skill Performance: On spot Assessment obtained marks in Assignment shall be considered against 15 Marks

A. Performed the Task based on lab. Work (Conduction of Experiment)-20
B. Spotting based on tools & technology (written) (Report writing)— 10
C. Viva-voce (based on principle/technology) - 05
Total Marks-

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PA	PART-A:	Int	Introduction	CONSE CORRICOLOM	4
	rogran Diplon	Program: Bachelor in Social Sciences (Diploma/Degree/Honors)	Social Sciences	Semester-III	Session:20252026
	Cours	Course Code	PSSE-01T		
-	Course Title	e Title	Applied Cognitive	Cognitive Psychology	
	Cours	Course Type	Discipline	Discipline Elective Course (DSE)	
4	Pre-re	Pre-requisite(if, any)	As per program	ram	
un	Cours Outco	Course Learning. Outcomes(CLO)	After the compl > Developing	After the completion of course, the students will have ability to: > Developing an appreciation of how Cognitive Psychology principles	ave ability to: e Psychology principles
			can be app	can be applied to real life settings and to understand the nature and	derstand the nature and
			scope of A	scope of Applied Cognitive Psychology.	
			> Knowing I	Knowing how to apply principles of cognitive psychology to issues	ve psychology to issues
				related to face identification.	
			> Understan	Understanding the applications of research based on perception and	ased on perception and
				memory to real life settings	
			in the area	Developing an understanding of cognitive psychology applications in the area of technology.	sychology applications
6	Credi	Credit Value	03 Credit C	Credit = 15 Hours - learning & Observation	ervation
7	Total	Total Marks	Max.Marks:100		MinPassingMarks:40
PAF	PART-B:	Content	Content of the Course		
	Total]	No. of Teaching	g-learning Peri	Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)	ds (45 Hours)
Unit	it	Topic	Topics(Course contents)	its)	No. of Period
	I	Introduction			12
		1.1 A 1.2 E	pplied Cognitive mergence of mo-	Applied Cognitive Psychology: Nature, Scope, and History Emergence of modern cognitive psychology	listory.
			experiment and case study)	experiment and case study)	
	П	Perception and Attention:	d Attention:		11
		2.1 Per con	Perception : Top- D	2.1 Perception : Top- Down, Bottom- Up Process, and Size constancy	
		2.2 Att	ention: Nature, 7	2.2 Attention: Nature, Types and Determinants	
1		Thinking and	Thinking and Problem Solving	90	11
		3.1 Thi	3.1 Thinking - Nature, Type,	Type,	
		3.2 To 3.3 Pro	ols – Sign, Symi blem Solving –	3.2 Tools – Sign, Symbol and Language3.3 Problem Solving – Nature and Stens	
V	V	Psychology a	Psychology and Technology:	700	11
		4.1Hun	4.1Human-Computer Interaction,	nteraction,	
		4.2 Psy 4.3 Psv	chological appli	4.2 Psychological applications of Virtual Reality, 4.3 Psychology of Artificial Intelligence	
Kov		Applied Cogniti	ve Psychology,	Applied Cognitive Psychology, Attention, Perception, Thinking, Problem-Solving, Human-	roblem-Solving, Human
Acy	Acymorus	Computer Inter	Computer Interaction, Virtual Reality	Reality	Ç

Computer Interaction, Virtual Reality Signature of Convener & Members:

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Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

- 1. Singh, A.K. (2017)-Sangyanatmak Manovigyan. Motilal Banarsidas, Delhi
- 2. Gully Baba (2020), Applied Cognitive Psychology MPC 003 Learning And Memory, Gully Baba Publication Pvt Ltd
- 3. Galotti, M.K.(2024), Cognitive Psychology: In And Out Of The Laboratory, Sage Text
- 4. Connolly,I.,Palmer,M.,Barton,H.&Kirwan,G.(eds.),(2016).Introduction to Cyber Psychology London: Routledge.
- . M. (Eds). (2011). IAAP Handbook of Applied Psychology. UK: Wiley Blackwell.

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Reference Books Recommended

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- Groome, D. & Eysenck, M. W. (2016) An Introduction to Applied Cognitive Psychology. London; Routledge, Taylor & Francis.
 Martin, P.R., Cheung, F.M., Knowles, M.C., Kyrios, M., Littlefield, L., Overmier, J. B., Prieto, J.
- Online Resources—
 e-Resources/e-books and e-learning portals

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- > Swayam Central https://swayam.gov.in
- > youtube

Online Resources-

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e-Resources/e-books and e-learning portals

- https://egyankosh.ac.in/handle/123456789/4448
- https://epgp.inflibnet.ac.in/Home
- https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation Suggested Continuous Evaluation Methods: Maximum Marks: Continuous Internal Assessment (CIA): 30 Marks End Semester Exam (ESE): 70 Marks

Continuous Internal Assessr End Semester Exam (ESE):	Continuous Internal Assessment (CIA): 30 Marks End Semester Exam (ESE): 70 Marks	
Continuous Internal	Continuous Internal Internal Test / Quiz-(2): 20+20	Better marks out of the two
(By Course Teacher)	Assignment / Seminar - 10	+ obtained marks in Assignme
	Total Marks - 30	considered against 30 Marks
End Semester Exam Two section - A & B	Two section - A & B	
(ESE):	Section A: (1) Objective Type Objections 10v1=10 Warks	one 10v1=10 Marks

o Test / Quiz ment shall be

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Section B: Long Answer Type Questions One From Each Unit With Internal option

Total Marks=70

4x10=40 Marks

(II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks

Section A: (1) Objective Type Questions 10x1=10 Marks

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Part 1

FUUK YEAK UNDEKGKADUATE PKUGKAM (2024 – 2028) DEPARTMENT OF PSYCHOLOGY COURSE CURRICULUM

Keywords	Activity-	4	3	2	1	Experiment	Tota	PART-B:	7 Total Marks	6 Credit Value		5 Cours	4 Pre-re	-	Course Title	. Course Code	(Diploma)	D
Attention, Size	Uses of AI in Teaching Learning Process	Concept Formation	Problem Solving Check List	Size Constancy	Division Of Attention		l No. of learnin	Content of the Course	Marks	Value		Course Learning. Outcomes(CLO)	Pre-requisite(if, any) As per program	Course Type	e Title	e Code	(Diploma/Degree/Honors)	Intro
Constancy P	Teaching Lear	nation	ing Check Li	су	Attention		g-Training/p	the Course	Max.Marks:50	01 Credit	> Learn the > Understar	After the con > Learn the	As per progr	Labor	Lab (PSSE-01P	cial Sciences	Introduction
Attention, Size Constancy Problem Solving, Concept Formation, Artificial Intelligence	ning Process		t			Topics(Course contents)	Total No. of learning-Training/performance Periods: 30 Periods (30 Hours)	t	s:50	(Credit= 30Hrs fo	 Learn the experimental concept of perception and problem solving Understanding the use of AI in learning 	After the completion of course, the students will have ability to: > Learn the experimental concept of attention	am	Laboratory Course	Lab Course -1 (Experiment and Activity)	-01P	Semester-III	
rmation, Artificial In							iods (30 Hours)		MinPassingMarks:20	(Credit= 30Hrs for Practices /Field work)	ception and problem s	ıts will have ability to: ntion			(vity)		Session:202 \$2026	
ıtelligence					30	No. of Period			20	K	olving						2026	

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Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications, Sanjay Nagar, Agra

company Pvt. Ltd., New Delhi 2. Woodworth, R.S. &Schlosberg, H Experimental Psychology (1954) Oxford &IBH Publishing

Online Resources-

e-Resources/e-books and e-learning portals

> Swayam Central

https://swayam.gov.in

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Online Resources-

e-Resources/e-books and e-learning portals

- https://egyankosh.ac.in/handle/123456789/4448
- https://epgp.inflibnet.ac.in/Home
- https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: Continuous Internal Assessment (CIA): 50 Marks 15 Marks 35 Marks

End Semester Exam (ESE):

Assessment (CIA)

Continuous Internal Internal Assessment:

Assignment/Seminar + Attendance - 05 Attendance & File submission + Internal Test / Quiz-(2): Total Marks-

10 & 10 Better marks of the Test / Quiz &

End Semester Exam (ESE): Laboratory / Field Skill Performance: On spot Assessment 15 obtained marks in Assignment shall be considered against 15 Marks

A. Performed the Task based on lab. Work (Conduction of Experiment)-20
B. Spotting based on tools & technology (written) (Report writing)—
10
C. Viva-voce (based on principle/technology) Total Marks35

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Introduction	COURSE CURRICULUM	DEPARTMENT OF PSYCHOLOGY

E			I	Unit		PART-B:	7	6	5 4 3 2 - PR	PART-A:
1 Test and Scale Construction 3.1 Test Construction and 3.2 Reliability, Validit Percentiles, Stens s 3.3 Scale Construction: Scale	Psychological Testing 2.1 Definition of 2.2 Characteristic 2.3 Applications Counseling	Purpose 1.2. Similarit 1.3. Types of 1.3. Ethical a	Introduction to Psychological Assessment	Topics(Course contents)			Total Marks	Credit Value	Program: Bachelor in Social Sciences (Diploma/Degree/Honors) Course Code Course Title Pre-requisite(if, any) As per prog. Outcomes(CLO) After the constant Stand Devel Stand Agental Stand Stand Devel Stand Agental Stand Stand Stand Devel Agental Stand Stand Devel Stand	T-A:
Scale Construction st Construction and Standardiza Reliability, Validity, and Norn Percentiles, Stens and Stanines) sale Construction: Likert, Thur Scale	ogical Testing Definition of a Test and Types Characteristics of a Good Test Applications of Psychological Counseling and Guidance, C	y and Differer Assessment: nd Profession	sychological /	se contents)	ching-learni	Content of the Course	Max.Marks:100	03 Credit	PSSC-04T PSSC-04T PSSC-04T Psychological Discipline Spec After the completio Developing assessment. Developing assessment. Evaluating and their ps. Developing settings.	00
st and Scale Construction 3.1 Test Construction and Standardization: Item Analysis. 3.2 Reliability, Validity, and Norms (characteristics of z-scores, T-scores, Percentiles, Stens and Stanines) 3.3 Scale Construction: Likert, Thurstone, Guttman & Semantic Differential Scale	ogical Testing Definition of a Test and Types of Test Characteristics of a Good Test Applications of Psychological Tests in various contexts (Educational, Counseling and Guidance, Clinical, Organizational etc.)	Urpose Similarity and Difference between Test and Assessment. Types of Assessment: Observation, Interview, Questionnaire Ethical and Professional Issues and Challenges.	ciples of assessment		Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			Credit = 15 Hours - learning & Observation	cial Sciences Ors) Semester—IV Session:2025-2025 PSSC-04T Psychological Assessment Discipline Specific Course (DSC) As per program After the completion of course, the students will have ability to: Developing an understanding of the basic principles of psychological assessment. Developing knowledge about the steps in test construction and test standardization. Developing knowledge of the ethical and legal issues involved in the assessment process. Evaluating the appropriateness and quality of psychological tests and their psychometric strengths and weaknesses. Developing knowledge about the application of tests in a variety of settings.	COURSE CURRICULUM
res, T-scores, ic Differential	ducational,	Nature and re.		No. of Period	Periods (45 Hours)	TYLIII I ASSING IVIAI NS.40	Passing Marks 40	servation	Session:2025-2026 have ability to: c principles of psychological in test construction and test ttexts on assessment tlegal issues involved in the legal issues involved tests aknesses.	

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Tests of Cognitive Ability and Personality
4.1 Tests of Cognitive Ability Convern Manual Ability Tests (The Wechsfer Soules of Intelligence and Sundood Biret Intelligence States
4.2 Projective Test (Ink-Bird Test and Denov-A-Mari-Test)

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SURFA 40.236858 OR 85 Act W91.4 025 EMP# 11 Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

- 1. Aiken, L. R., & Groth Marnet, G. (2009). Psychological testing and assessment (12th Ed.). New Delhi: Pearson Education.
- Hall of India Pvt. Ltd. Anastasi, A., & Urbina, S. (2003). Psychological testing (7th Ed.). New Delhi, India: Prentice
- Barve, B. N., & Narake, H. J. (2008). Manomapan. Nagpur, India: Vidya Prakashana
- Cohen, R.J., Swerdlik, M. E. & Kumthekar, M.M. (2014) Psychological Testing and (7th Ed.). McGraw Hill Education (India) Private Limited, New Delhi Assessmen

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- Asthana, V. (2022) Shiksha me Mapan Avam Mulyankan, Agrawal Publications, Sanjay Nagar
- 6. Bhargava, M. (2018) Manovaigyanik Mapan, Mulyankan avam Sankhiyiki, H.P. Bhargava Bool House
- Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawa
- Publications, Sanjay Nagar, Agra.
- 9.8 Singh, A.K. (2019) Tests, Measurements And Research In Behavioural Sciences, Bharti Bhawan Srivastav, D.N. (2016), Manovaigyanik Nirdharan Agrawal Publications Sanjay Nagar, Agra-

Reference Books Recommended

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- Desai, B., & Abhyankar, S. (2007). Manasashatriya mapan. Pune, India: Narendra Prakashana.
- Gregory, R. J. (2014). Psychological testing: History, principals and applications. (6th Ed.
- Husain, A. (2012). Psychological Testing. New Delhi, India: Pearson Education. Boston: Pearson Education.
- issues (8th Ed.). New Delhi, India: Cengage Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications and

Online Resources-

e-Resources/e-books and e-learning portals

https://swayam.gov.in Swayam Central

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Online Resources-

e-Resources/e-books and e-learning portals

- https://egyankosh.ac.in/handle/123456789/4448
- https://epgp.inflibnet.ac.in/Home
- https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation

Continuous Internal Assessment (CIA): End Semester Exam (ESE): Suggested Continuous Evaluation Methods: Maximum Marks:

100 Marks 30 Marks 70 Marks

Assessment (CIA):

(By Course Teacher)

End Semester Exam

Two section A. (1) Objective Type Questions (One From Each Unit With Internal option Ax10=40 Marks

Section B: Long Answer Type Questions One From Each Unit With Internal option Ax10=40 Marks

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Response of Convener & M

PUUK YEAK UNDEKGKADUATE PKUGKAM (2024 – 2028) DEPARTMENT OF PSYCHOLOGY

Aputude Test Make a comparative chart of personality traits of renowned personality Vocational Interest, Personality, Aptitude, Personality Traits
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)
MinPassingMarks:20
(Credit=30Hrs for Practices/Field work)
> Learning the administration of projective test
After the completion of course, the students will have ability to: > Understanding the testing procedure of interest test, personality test and antitude test.
Lab Course -4 (Psychological Testing)
Semester-IV
COURSE CURRICULUM

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Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications, Sanjay Nagar, Agra

Online Resources
e-Resources/e-books and e-learning portals

Swayam Central

youtube https://swayam.gov.in

Online Resources-

- > e-Resources/e-books and e-learning portals
- https://egyankosh.ac.in/handle/123456789/4448
- https://epgp.inflibnet.ac.in/Home
- https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation Suggested Continuous Evaluation Methods: Maximum Marks: Continuous Internal Assessment (CIA): Internal Assessment: Continuous Internal Assessment (CIA) Internal Assessment (CIA) Internal Assessment (CIA) Internal Assessment (CIA) Assignment/Seminar+ Attendance-05 obtained marks in Assignment shall be considered against 15 Marks End Semester Exam (ESE): Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Conduction of Test)- B. Spotting based on tools & technology (written) (Report writing)- C. Viva-voce (based on principle/technology) -	Marks- 35	Total Marks-	
Vethods: 50 Marks 50 Marks 15 Marks 35 Marks 1 Test / Quiz-(2): 10 & ment/Seminar+ Attendance- Marks- Tatory / Field Skill Performan formed the Task based on Ial string based on tools & techn	ology) - 05	C. Viva-voce (based on principle/technology)	
Vethods: 50 Marks 15 Marks 35 Marks 35 Marks 1 Test / Quiz-(2): 10 & 1 ment/Seminar+ Attendance- Marks- Tatory / Field Skill Performan formed the Task based on Ial	y (written) (Report writing)— 10	B. Spotting based on tools & technolog	
Vethods: 50 Marks 15 Marks 15 Marks 35 Marks 1 Test / Quiz-(2): 10 & ment/Seminar+ Attendance- Marks- atory / Field Skill Performan	Test)-	A. Performed the Task based on lab. W	
Methods: 50 Marks 15 Marks 35 Marks 35 Marks 1 Test / Quiz-(2): 10 & mment/Seminar+ Attendance- Marks-	On spot Assessment	Laboratory / Field Skill Performance: (End Semester Exam (ESE):
Methods: 50 Marks 1A): 15 Marks 35 Marks 35 Marks 1 Test / Quiz-(2): 10 &	e considered against 15 Marks		
Methods: 50 Marks 1A): 15 Marks 35 Marks al Test / Quiz-(2):	btained marks in Assignment shall	Assignment/Seminar+ Attendance- 05	_
Methods: 50 Marks (IA): 15 Marks 35 Marks	Attendance & File submission +	Internal Test / Quiz-(2): 10 & 10	
Part-D: Assessment and Evaluation Suggested Continuous Evaluation Methods: 50 Marks Maximum Marks: 50 Marks Continuous Internal Assessment (CIA): 15 Marks			End Semester Exam (ESE):
Part-D: Assessment and Evaluation Suggested Continuous Evaluation Methods: 50 Marks		ent (CIA): 15 Marks	Continuous Internal Assessm
Part-D: Assessment and Evaluation Suggested Continuous Evaluation Methods:		50 Marks	Maximum Marks:
Part-D: Assessment and Evaluation		tion Methods:	Suggested Continuous Evalua
		ation	Part-D: Assessment and Evalu

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II Hap				I Intr	Unit	Total	PART-B:	7 Total Marks	6 Credit Value	5 Course Outcom	4 Pre-requ	3 Course Type	2 Course Title	1 Course Code	Program: Bachelor in Social Sciences (Diploma/Degree/Honors)	PART-A:	
4.1 Class 4.2 Wisd Stren 4.3 Relig	es Character	Emotions, Personality Traits and Well-Being 3.1 Positive Emotions(Hope, Optimi 3.2 Cultivating Positive Emotions 3.3 Positive Traits: Personality, Emo	Happiness and Well-Being 2.1 Concept of Ha 2.2 Facets of Life; 2.3 Happiness Acr	Introduction 1.1 Positive 1.2 Relation 1.3 Meanin Hedonic	Topics(Cou	No. of Teachi	Content o	arks	7alue	Course Learning. Outcomes(CLO)	Pre-requisite(if, any)	Гуре	Title	Code	chelor in Soc egree/Hone	Introd	
Strengths and Health. 4.3 Religion and Virtues: Buddhism, Confucianism, Islam, and Hinduism	Virtues, Character Strengths, and Well-Being 4.1 Classification of Human Virtues 4.2 Wisdom as a Foundational Stren	ns, Personality Traits and Well-Be 3.1 Positive Emotions(Hope, Opti 3.2 Cultivating Positive Emotions 3.3 Positive Traits: Personality, E	ss and Well-Being 2.1 Concept of Happiness and Wel 2.2 Facets of Life; Gender, Love, N 2.3 Happiness Across the Lifespan	tion Positive Psychology: Meaning, De Relationship with other fields (He Meaning and Measures of Happin Hedonic and Eudemonic traditions.	Topics(Course contents)	ng-learning	Content of the Course	Max.Marks:100	03Credit	After the complet Vinderstan wellbeing. Able to le individual Learning positive tre Being able facilitate h	As per program	Disciplin	Positive	PSSE-02T	ial Sciences	Introduction	Co
es: Buddhism,	Character Strengths, and Well-Being 4.1 Classification of Human Virtues(Seligman's Approach) 4.2 Wisdom as a Foundational Strength and Virtue; Character Strengths and Health.	ns, Personality Traits and Well-Being 3.1 Positive Emotions(Hope, Optimism, Gratitude)and Well-Being 3.2 Cultivating Positive Emotions 3.3 Positive Traits: Personality, Emotions, and Biological bases of Emotions	ss and Well-Being 2.1 Concept of Happiness and Wellbeing 2.2 Facets of Life; Gender, Love, Marriage, Close Relationship 2.3 Happiness Across the Lifespan	uction 1.1 Positive Psychology: Meaning, Definition, Assumptions and Goals 1.2 Relationship with other fields (Health, Education and Social) 1.3 Meaning and Measures of Happiness and Well-being: Hedonic and Eudemonic traditions.		Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)	e	s:100	Credit = 15 Hours - learning & Observation	After the completion of course, the students will have ability to: > Understanding the conceptual approaches to happiness and wellbeing. > Able to locate the diversity in the experiences of happiness with individual's life span and across different domains. > Learning the various pathways through which positive emotions and positive traits contribute to happiness and well-being. > Being able to identify the key virtues and character strengths which facilitate happiness and well-being.	rogram	Discipline Elective Course (DSE)	Positive Psychology	2T			COURSE CURRICULUM
Confucianism	Seligman's A _l gth and Virtue	m, Gratitude)a	eing rriage, Close l	inition, Assum Ith, Education ss and Well-b		r. per period			Tours - learnii	rrse, the stude c conceptual diversity in n and across in s pathways to bute to happin ify the key vin and well-bein		(DSE)			Semester-IV		NCULUM
ı İslam and	pproach) ; Character	and Well-Bo	Relationship	iptions and and Social) eing:) - 45 Perio		Min Pas	ng & Obser	nts will have approached the experi- the experi- different do different do hrough who ness and we rues and c					IV		
	4 disduism	of Emotions	3	Goals.		ds (45 Hours		Min Passing Marks:40	vation	we ability to: hes to hap ences of hap mains. ich positive es the haracter stree					Session:2025-2026		
	=	11	11	1,2	No. of Period	3		10		happiness and happiness with f happiness with tive emotions and trengths which					25-2026		

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CHEE SECTION

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

Seligman, M. E.P.(2002) Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment. New York: Free Press/Simon and Schuster.

Baumgardner, S.R., Crothers, M.K. (2009). Positive psychology. New Delhi, India: Pearson.

Carr, A. (2004). Positive Psychology: The science of happiness and human strength.UK:

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David, S.A., Boniwell, I., & Ayers, A.C. (2013). The Oxford handbook of happiness. Oxford: Oxford

Husain, A., & Saeeduzzafar. (2011). Islamic virtues and human development. New Delhi, India

Joseph, S.(Ed.)(2015). Positive psychology in practice: Promoting human flourishing in work, health Global Vision Publishing House

6. Kumar, U., Archana, &Prakash, V. (2015). Positive psychology-Applications in work, health and education, and everyday life. Hoboken, NJ: John Wiley & Sons. well-being. Delhi & Chennai, India: Pearson.

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Reference Books Recommended

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2. 1. Peterson, C. (2006). A Primer in Positive Psychology. New York: Oxford University Press. Snyder, C. R., & Lopez, S.J.(2002). Handbook of positive psychology. New York: Oxford

Snyder, C. R., & Lopez, S.J. (2007). Positive Psychology: The Scientific and Practical University. Explorations of Human Strengths. Thousand Oaks, CA: Sage

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https://swayam.gov.in

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Online Resources-

e-Resources/e-books and e-learning portals

https://egyankosh.ac.in/handle/123456789/4448 https://ndl.iitkgp.ac.in/homestudy/humanities https://epgp.inflibnet.ac.in/Home

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Part-D: Assessment and Evaluation Continuous Internal Assessment (CIA): (By Course Teacher) Continuous Internal Assessment (CIA): End Semester Exam (ESE): Suggested Continuous Evaluation Methods: End Semester Exam (ESE): Maximum Marks: Section A: (1) Objective Type Questions 10x1=10 Marks Internal Test / Quiz-(2): 20 +20 Two section - A & B Assignment / Seminar -Total Marks -100 Marks 30 Marks 70 Marks 30 10 Better marks out of the two Test / Quiz considered against 30 Marks + obtained marks in Assignment shall be

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Section B: Long Answer Type Questions One From Each Unit With Internal option

4x10=40 Marks Total Marks=70

(II) Short Answer Type Questions (One From Each Unit) 4x5=20Marks

Mandes - Almah Alandrak

HUUK YEAK UNDEKGKADUATE PKUGKAM (2024 – 2028) Department of PSYCHOLOGY

COURSE CURRICULUM

Test 1 Happiness Scale 2 Optimism Scale 3 Wellbeing Scale 4 Mental Health ACTIVITY- Positive Psychol Selecting an	Hap Opt We We Pos:	Hap Opt We We	Hap Opt Opt We	Test 1 Happiness Sca 2 Optimism Scal 3 Wellbeing Sca 4 Mental Health	Test 1 Happiness Sca 2 Optimism Scal 3 Wellbeing Sca	Test 1 Happiness Sca 2 Optimism Scal 3 Wellbeing Sca	Test 1 Happiness Sca 2 Optimism Scal	Test 1 Happiness Sca	Test	Test	THE PART OF THE PA	FANI-D. Content of learning-	DADT B: Content of th	7 Total Marks M	6 Credit Value 01 (5 Course Learning. After Solution CLO)	4 Pre-requisite(if, any)	3 Course Type	2 Course Title	1 Course Code	(Diploma/Degree/Honors)	Program: Bachelor in Social Sciences	PART-A: Introduction
Content of the Course Content of the Course Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours) Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours) Topics(Course contents) Happiness Scale Optimism Scale Wellbeing Scale Mental Health Mental Health Selecting any relevant movie/movies and designing tasks based on that, selecting any relevant movie/movies and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and negative emotions displayed, like: Making a chart of positive and like a chart of positive and	Training/Performance Period Training/Performance Period Topics(Cours le le le ale ale any relevant movie/movies and any relevant of positive and	Training/Performance Period Training/Performance Period Topics(Cours tle tle tle ale ale h hology through Movies: any relevant movie/movies and	Training/Performance Period Training/Performance Period Topics(Cours) lle le le ale h hology through Movies:	Training/Performance Period Topics(Cours) tle tle ale	Training/Performance Period Tropics(Course tle	Training/Performance Period Topics(Course tle	Training/Performance Period Topics(Course	Training/Performance Period Topics(Course	Training/Performance Period Topics(Cours	Training/Performance Period Topics(Cours	ne Course Training/Performance Period	le Course		Max.Marks:50	01 Credit (Credit= 3	After the completion of course, the students with the Concept clarification of happiness, optimism. Concept clarification of wellbeing and mental health	As per program	Laboratory Course	Lab Course -2 (Psychological Testing)	PSSE-02P	Semester		ction
MinPassingMarks:20 s: 30 Periods (30 Hours) e contents) designing tasks based on that, negative emotions displayed, other strenorths and virtues.	s: 30 Periods (30 Hours) contents) contents designing tasks based on that, negative emotions displayed,	MinPassingMarks:20 s: 30 Periods (30 Hours) contents) designing tasks based on that,	MinPassingMarks:20 s: 30 Periods (30 Hours) contents)	y; 30 Periods (30 Hours) contents)	MinPassingMarks:20 s: 30 Periods (30 Hours) contents)	MinPassingMarks:20 s: 30 Periods (30 Hours) contents)	MinPassingMarks:20 s; 30 Periods (30 Hours) contents)	MinPassingMarks:20 s: 30 Periods (30 Hours) contents)	MinPassingMarks:20 s; 30 Periods (30 Hours) contents)	MinPassingMarks:20 s: 30 Periods (30 Hours) e contents)	MinPassingMarks:20 s: 30 Periods (30 Hours)	MinPassingMarks:20	MinPassingMarks:20		(Credit= 30Hrs for Practices/Field work)	After the completion of course, the statements. > Concept clarification of happiness, optimism. > Concept clarification of wellbeing and mental health.	and will have ability of:		Testing)			Session:2025-2026	
No. of Period	0	0	0	0	0	0			0	0	- 0	20	20									125-2026	

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Learning Resources: Text Books, Reference Books and Others

Reference Books Recommended

- Kumar, U., Archana, & Prakash, V. (2015). Positive psychology-Applications in work, health anc
- Authentic happiness by Martin Seligman (2002) Using the New Positive Psychology to Realize David, S.A. Boniwell, I., & Ayers, A.C.(2013). The Oxford handbook of happiness. Oxford well-being. Delhi & Chennai, India: Pearson. Your Potential for Lasting Fulfillment. New York: Free Press/Simon and Schuster
- Positive Psychology for improving Mental Health and Wellbeing by Geetika Patnayak Oxford University Press.

Online Resourcese-Resources/e-books and e-learning portals

Swayam Central

https://swayam.gov.in
> youtube

Online Resources-

e-Resources/e-books and e-learning portal

https://egyankosh.ac.in/handle/123456789/4448

https://epgp.inflibnet.ac.in/Home

https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:

50 Marks 15 Marks

Continuous Internal Assessment (CIA): 35 Marks

End Semester Exam (ESE): Total Marksnternal Test / Quiz-(2):

Assessment (CIA) Continuous Internal Internal Assessment:

End Semester Exam (ESE):

Assignment/Seminar + Attendance - 05 Attendance & File submission + 10 & 10 | Better marks of the Test / Quiz & 15 btained marks in Assignment shall be considered against 15 Marks

Laboratory / Field Skill Performance: On spot Assessment B. Spotting based on tools & technology (written) (Report writing)—C. Viva-voce (based on principle/technology) Total Marks-A. Performed the Task based on lab. Work (Conduction of Test)-20 10 05 35

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